


# Malheur Council on Aging Menu Nyssa March 2024

Nyssa Senior Center - 316 Good Ave., Nyssa, OR - (541) 372-5660

Lunch is Served from 12:00pm to 1:00 pm; Seniors 60 and older, no charge; 59 and younger, \$5.00/meal

		Tuesday, Mar. 5	Thursday, Mar. 7	Tuesday, Mar. 12
 <p><b>Celebrate the Senior Nutrition Program</b> 2024 · CONNECTION IN EVERY BITE</p>		Fresh Fruit Medley Chicken Enchiladas Spanish Rice Seasoned Beans Hot Vegetables Salsa/Sour Cream Dessert Milk	Green Salad w/Ranch Dressing Pork Loin Mashed Potatoes Gravy Hot Vegetables Dinner Rolls Dessert Milk	Vegetable Tray w/Ranch Dress. Sloppy Joes Macaroni Salad Hot Vegetables Wheat Kaiser Bun  Dessert Milk

Thursday, Mar. 14	Tuesday, Mar. 19	Thursday, Mar. 21	Tuesday, Mar. 26	Thursday, Mar. 28
Potato Chowder Fish Sticks Chips Hot Vegetable Tartar Sauce  Dessert Milk	Cole Slaw Beef Stroganoff White Rice Hot Vegetables Wheat Dinner Rolls  Dessert Milk	Fresh Fruit Medley Fried Chicken Mashed Potatoes Gravy Hot Vegetables Wheat Dinner Rolls  Dessert Milk	Vegetable Soup Sweet and Sour Pork White Rice Hot Vegetables Crescent Rolls  Dessert Milk	Vegetable Tray W / Ranch Hamburgers Pickles/Lettuce/ Tomato/Mayo/ Mustard/ Catsup Potato Chips Hot Vegetables Wheat Bun Dessert Milk